

GeneFo announces release of the 2018 complete guide to the clinical effects of medical cannabis on Parkinson's symptoms, and how patients can legally get access in their state

A growing number of studies, while not entirely conclusive, reveal the positive effects of medical cannabis on various Parkinson's symptoms: Lotan et al. (2014) demonstrated that participants affected with PD saw improvement in sleep, tremors, and pain within 30 minutes of marijuana consumption. Other studies also found improvement in mood.

Although cannabis remains federally illegal in the United States, many states have legalized cannabis for valid medical purposes. With the recommendation of a local physician, a qualified patient (through a qualifying condition or qualifying symptoms) can obtain a medical marijuana card or authorization to visit dispensaries and purchase medical marijuana products.

As of March 2018, 16 states list Parkinson's Disease as a qualified condition. An additional 13 states who don't list PD as a qualifying condition per se, do list qualifying symptoms that may align with PD such as nausea, muscle spasms, and pain.

"The growing number of states that qualify PD or its symptoms for the medical use of Cannabis is great news for patients", says Neer Ziskind, CEO of GeneFo¹, a platform of free PD resources and clinical trial matching, "However, the process of getting a card approval is not smooth in most states, and requires gathering information and documents, clinical certifications, and administrative forms. To assist patients and caregivers that don't always have the time or energy, we put together a comprehensive state-by-state guide, updated to March 2018, with relevant information on patient rights, application checklist, FAQ's, crucial links and forms to download, important tips on how you should prepare for your doctor's visit, and lists of MMJ doctor near you. In States where PD is not considered a qualifying condition, the guide also reviews best practices on basing your application on qualifying symptoms (such as pain, spasticity and more). We trust that this free resource will help more PD patients secure an additional therapeutic avenue and improve their daily living."

Click here to get the full guide: <https://tinyurl.com/Guide-for-MMJ-for-PD>

¹ Please use this URL to hyperlink to GeneFo: <https://tinyurl.com/Guide-for-MMJ-for-PD>